



With the extreme cold and wind chills fast approaching, the Wadena County Sheriff's Office of Emergency Management would like to remind everyone to have their homes and vehicles ready. The following are suggested preparations everyone should make:

- Extra food and water on hand that will last at least three days
- Supplies for pets along with suitable shelter with food and water
- Extra medical supplies
- Emergency heating sources
- Make sure smoke and carbon monoxide detectors are tested and operating properly

Traveling during extreme cold is not recommended. If you must travel, make sure your vehicle is never below one-half a tank of gas. If you become stranded, stay in your vehicle because that increases your chances of being found as well as your chance of survival. Make sure you have a winter survival kit in your vehicle that includes the following: a blanket and/or sleeping bag, hand and foot warmers, matches and/or lighters, bottled water, protein bars, light sticks or flares. Everyone traveling in the vehicle should have proper clothing, including snow pants and insulated boots. Also, have a fully charged cell phone with updated emergency contacts.

Anyone with any questions is encouraged to contact Wadena County Emergency Management at 218-631-7795 or 218-631-7600.